TIP OF THE **SEASON**

. Interior Designer at



Going for a theme means it's relatively easy to achieve a coherent looking nursery or bedroom (be prepared to redecorate regularly to keep up with changing interests though). But themes can also overwhelm - be careful not to lose the all important balance between rest and stimulation. The way to overcome 'theme-overload' is to stick to one golden rule of interior design: create a single point of focus and keep the rest simple. In three practical tips:

- 1. Keep walls and floors neutral and add easily replaceable accessories. If you can't resist themed wallpaper, use it on just one wall.
- 2. Don't buy themed basics such as a bed, wardrobe or curtains. Instead, be creative and capture the essence. A hammock can turn a room into a desert island or pirate ship, sheer drapes and pretty bedding can create a princess bed.
- 3. Try guiding your child gently towards a theme that you think will last longer than their current crush on Ben10. An appreciation of good design is learnt and starts early.
- * For more decorating tips or to book a design consultation, go to Room to Bloom www.room-to-bloom.com





UP AND AWAY

It's time to get creative, and get sticking. There's something magical about hot air balloons and now you can invite them inside to a child's bedroom or playroom. You'll have 8 different sized balloons to sort and stick, the pack also includes clouds to dot around - making you feel high in the sky. Priced £49.

* www.bobokids.co.uk



WORLDWIDE

Scratch up on your geographical knowledge with this beautiful world map by Famille Summerbelle. It provides a little flavour of the seas alongside some animal anecdotes too. Priced £55.

* www.notonthehighstreet.com



BEAR ESSENTIALS

This little pair are two-sided cushions, giving any room a woodland touch. A fun and fresh addition, printed on high quality cotton drill ideal for autumn snuggles. Each priced £45.

* www.howkapow.com