

# SPORTING *dreams*



[www.room-to-bloom.com](http://www.room-to-bloom.com)

Children's interior designer **Ursula Wesseling** of Room to Bloom shares her nine top style rules for creating their dream sporty bedroom!



## 1 LESS IS MORE

A few strategically placed items against a neutral background is much more effective than a room themed top to toe, and will keep your child's bedroom calm to promote sleep.



## 2 VINTAGE INDUSTRIAL STYLE WORKS WELL WITH SPORTS THEMES

Think metal locker cabinets, school-style desks and chairs, industrial desk lights and wire storage units.

*Vintage grey metal locker style wardrobe, £599, Deekhoorn at Nubie.*



## 3 TROPHIES AND MEDALS LOOK GREAT AGAINST DARK BACKGROUNDS

Use cube or box shelves to frame the display. A pair of vintage boots, a glove, bat, framed shirt or similar can lend a room a simple yet clear theme.

*Vintage leather footballs boots, £62, The Original Home Store*



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**IF YOU CHOOSE THEMED WALLPAPER, PAPER A SINGLE WALL TO CREATE FOCUS**

Or try a removable wallpaper mural. Stripes can be a more subtle way of supporting a sports theme.

White horse wallpaper, College collection, £34.99 per roll, ESTAhome.nl.



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**GROUPING ITEMS ON WALLS OR SHELVES IS KEY TO MAKING AN EFFECTIVE STATEMENT**

Display a collection according to colour, shape or other shared characteristics. Repeating identical items – a row of vintage cricket bats, tennis rackets or hockey sticks, for example – works well, too.

Rugby stadium signs, £160, The Original Home Store



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**CREATE A CLEARLY OUTLINED SPACE WHERE YOUR CHILD CAN DISPLAY IMAGES**

Try a large pinboard painted in the same colour as the wall or a magnetic area using wallpaper or paint. Include a picture ledge in the display for trinkets.

Myosotis grande noticeboard £97, Psalt Design at notonthehighstreet.com

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**ORIGINAL AND AFFORDABLE ART**

Try Society 6, Etsy and All Posters for prints, charity shops for vintage books with illustrations you can frame, or eBay and Etsy for vintage sports items.

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**PAINT IS YOUR FRIEND**

Use a colour palette that hints at your child's favourite sport. Neutral colours like white, beige, grey and dark blue allow colourful accessories to stand out and shine.

Bike Wheel Clock £49, Vyconic at notonthehighstreet.com



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**KEEP THEMED PIECES EASILY EXCHANGEABLE IN CASE INTEREST WANES**

Cushions, prints and other display accessories are ideal, while big-ticket items like beds and curtains are best kept in neutral styles that will grow with your child.

Balls cushion and knitted rugby ball cushion, both £26, Sophie Allport

